

A trauma-informed approach to wider school re-openings

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We have some availability for delivering this session to settings over the next few weeks. We aim be flexible with timings to suit your needs.

The session covers:

Taking stock of the 'here and now'

Definitions of trauma

The impact of trauma on the brain

What a trauma-informed approach to supporting vulnerable children looks like, and steps towards making it a reality.

Exploration of survival states and how to help children with regulation.

Further practical and simple strategies for helping children to reconnect with school, friends etc.

Please do pass on details to any primary schools who may be interested in receiving this training in the Bristol/BANES/South Glos area.

www.emmaspillane.co.uk
www.theraplaysouthwest.co.uk